

1. Define Your Favourite Superhero

- Who Is Your Favourite Movie, Book or Real Life Character?
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- Why I Admire Him/Her?
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- What Does He/She Want To Achieve?:
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- What Is That 1 Thing Which Makes Him/Her Unique and Different?
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2. Define Your Superpower

When it comes to superpowers, people fall into 3 main categories. Every category has specific types of superpowers.

- **Creators** → Compassion, Empathy, Openness, Honesty, Integrity, Passion, Obsession, Trust, Vulnerability...
- **Connectors** → Unity, Collaboration, Integration, Method, Structure, Organization, Gratitude, Resilience...
- **Closers** → Empowerment, Loyalty, Simplicity, Calm, Clarity, Fearlessness, Directness, Persistence...

3. Choose Your Superpower

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4. Evolve Your Superpower - Your Core Values (define 3-5 core values which will further evolve your superpower. Choose other types of superpowers which feel right for you)

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